



Oi Mouries

Portfolio

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Searching for Pleasure Outside Patriarchy 2024

In collaboration with Nina Alexandraki

Three days of films and workshops about women's bodies, sex, intimacy, desire, eroticism and joy.

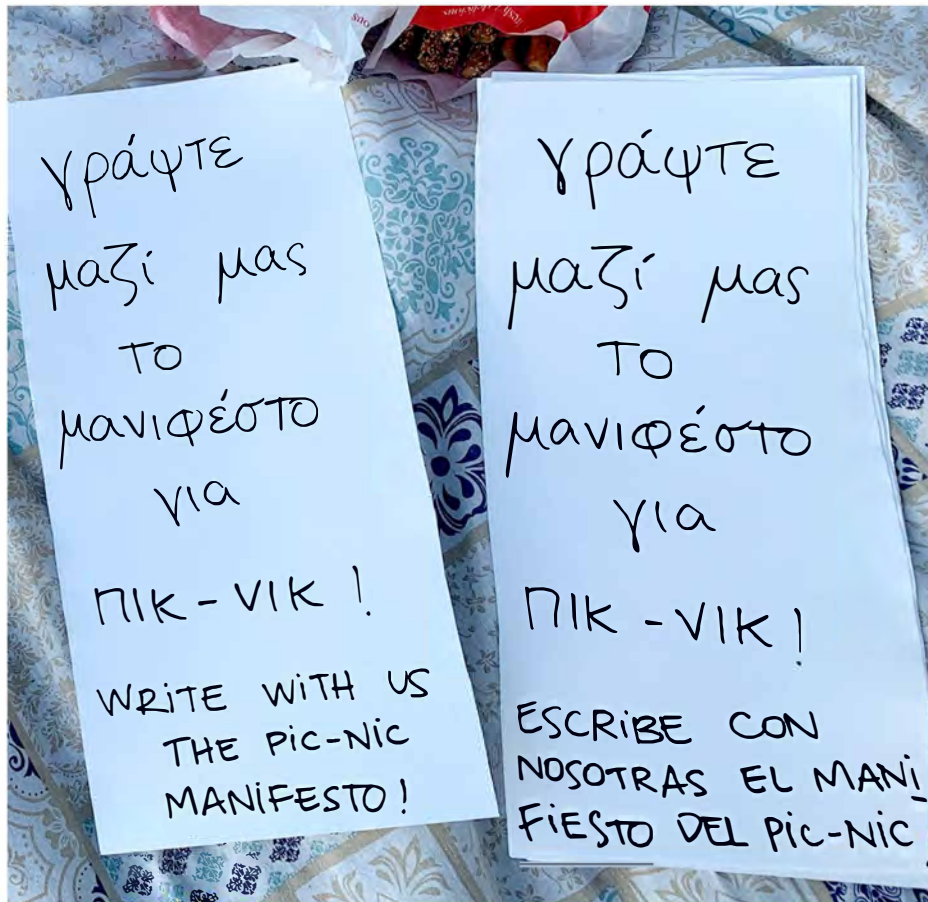
Day One: Screening of *A diary of Sexual Solitude* by Nina Alexandraki and workshop.

Synopsis: Full of desire, I accumulate sexual encounters with men. But between my desires and the reality of these nights, there is a gap. So, I write and I film.

Workshop inspired by texts by Marguerite Duras, Martin Page, Ovidie, Simone de Beauvoir, and Andrea Dworkin.

Day two and three: surprise screenings + workshop discussions.





Ο αθηναϊκός κοινός χώρος απειλείται ολοένα και περισσότερο από την ιδιωτικοποίηση και οι χώροι πρασίνου μειώνονται λόγω των τουριστικών έργων που αγνοούν τις ζωτικές ανάγκες των κατοίκων της πόλης. Το πρώτο PICNIC MANIFESTO ήταν στο πάρκο της Ακαδημίας Πλάτωνος και η δεύτερη συνάντησή μας θα είναι στο Λόφο του Στρέφη. Ελάτε και φέρτε κάτι να μοιραστούμε!

PIC NIC MANIFESTO

ΚΥΡΙΑΚΗ 26/11

2'ΕΩΣ 6 Μ.Μ

ΛΟΦΟΣ

ΣΤΡΕΦΗ

ΔΙΟΡΓΑΝΩΝΕΤΑΙ
ΑΠΟ ΤΗΝ
ΚΟΛΕΚΤΙΒΑ
ΜΟΥΡΙΕΣ





Picnic Manifesto, ongoing 2023 - 2024

During the last years, we are experiencing an increasing threat of privatization over Athenian public spaces. Presented as “renovations”, “embellishments”, “hygienization”, “defense of order”, or plainly as plans for tourism attractions. These diverse interventions on parks and hills reduce their green areas and aim to limit their usage, accommodating it to profiting schemes and to a view of the city that disregards its inhabitants’ vital needs. Amidst this contested scenario, picnics emerge as a convoking and resisting quotidian activity that refreshes the air and renovates our possibilities to experience public space as a joyful common. We invite you to help us write a Picnic Manifesto! How do picnics materialize our views of the type of city where we want to live? How do they express our views on coexistence, welcomeness and sharing? The first Picnic Manifesto was at Akadimia Platonos Park. The second was in Strefi Hill Exarchia, November, 2023. This is an ongoing Mouries’ activity at various parks in the city. Bring friends and whatever you’d like to share (fruits? ideas? cookies? questions?) We look forward to see you there!





Walks of Care in the Jungle of Plato 2023

Curated by Thalia Dimitropoulou, comprising the performance meta-Rhinoceros and the guided walk Connecting with plants.

Akadimia Platonos park is an area of Athens full of trees, stories and currently under threat of being drastically changed for the sake of tourism. As Mouries we have been there many times with friends having picnics under the trees, sharing ideas, reading books, dancing. Wanting to thank the park and all the life forms that inhabit it, we invite you to two special events:

Meta-Rhinoceros transforms the park into an urgent theatrical event, where Nelly Pouloupoulou embodies a rushing rhino guardian of the park.

Connecting with plants: a plant walk and knowledge share facilitated by herbalist Eleni 'officinalis' Bourou.







Rest is in the Yellow of the Autumn Leaves 2023

Workshop guided by Vasiliki Sifostatoudaki

Even if not always evident, in all trees there is a moment when new leaves are generated with the letting go of the old ones. In the cycle of the seasons, nature rests, flourishes, regenerates, pauses. What would it look like if we embraced the seasonal tempo of our lives? Could healing then become an act of collective regeneration, of love and care which transforms us? Could we allow vulnerability and trust to become our strength and nurture our relations? What would our society look like then?

Together we think about healing as an intimate but also as a common practice of care. Embracing reading, writing, sewing, drawing and rest as our tool for sharing experiences of transitional seasons of our life.

Each participant received *Rest is in the Yellow of the Autumn Leaves: Healing as a Common Practice* zine-workbook to guide their individual and collective healing process. The zine contains the text of Johanna Hedva, *Sick Woman Theory* (2020) and questions on which we will reflect on.





Interweavings: On Bodies, Memories & Landscapes 2023

5 days workshop on Filipappou Hill guided by Emmanouela Korki and Artemis Papageorgiou

What sets me in (e)motion? How can landscape activate embodied memory? How does the body create new space and time and what kind of paths might emerge? Memory fragments will meet in the present to weave new relations, to tell a new story.

During this workshop we will give space and time for what needs to be articulated between the body and the landscape. By actively mapping pathways, among the trees, rocks and monuments on the hill of Filopappou, we will attempt to inhabit the landscape through movement. Using textiles and natural materials we will connect memories, impressions, sensations, creating a path of movement based on trial, discovery and transformation. By playing with improvisations we will explore personal expression to discover the external and internal landscape, the fragile and the vulnerable, the fragment and the in-between, the encounter with the Other.

We will use tools from Release Technique, Viewpoints and Composition, Contact Improvisation and Somatics.

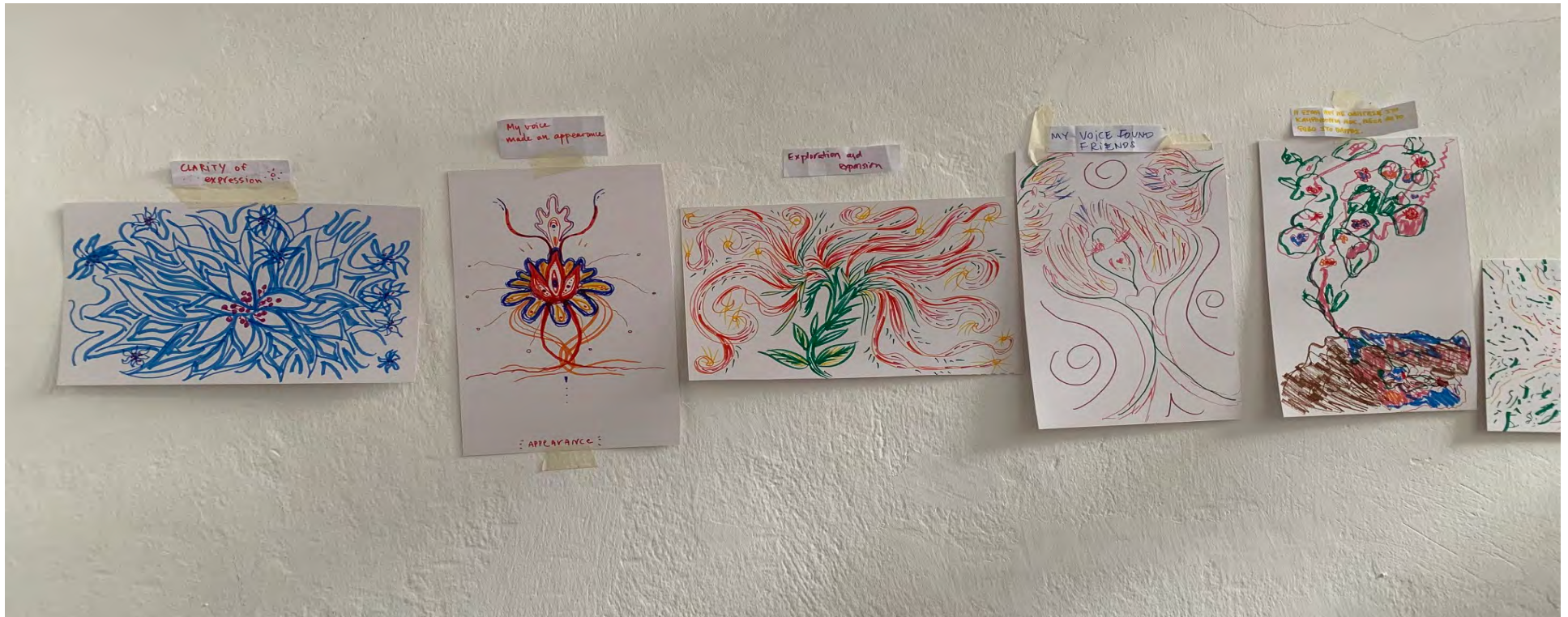






Clairvoyance for Turbulent Times
2023
Workshop guided by Sanem Su Avci

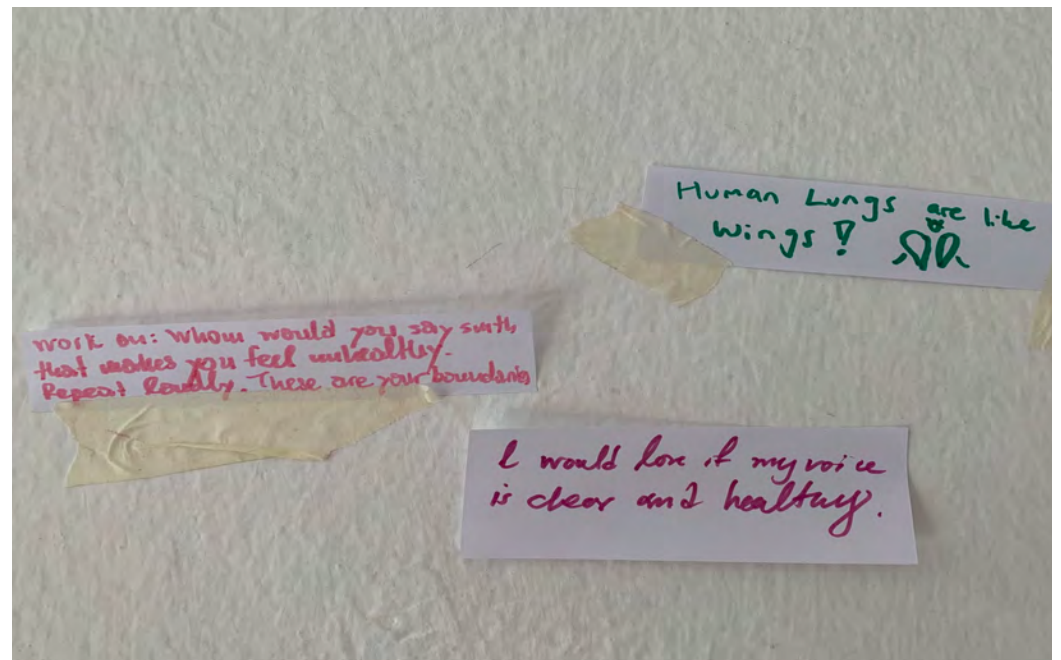
We live in a world where we don't learn ways of knowing other than the scientific. Our connection with divine and magical knowledge is cut. We have been gaslighted historically by the modern culture that told us not to listen to our intuition, to let go of the divine inside us, losing our health and well-being as a result. Practices of intuitive clairvoyance, divination and fortune-telling have survived as caricatures of what they had once been – collective activities that helped individuals and communities put their lives in perspective. In an attempt to bring clairvoyance back to our lives in these turbulent times, we will organize two series of workshops run by the artist, historian and professional clairvoyant Sanem Su Avci. We accept that everybody can delve into clairvoyance, that talent is developed through practice, practice is improved by knowledge-sharing. We will have two sequences of workshops, early summer and late autumn. The first meeting will be in a closed space, where the attendees will be introduced to a more structured method of clairvoyance such as cup reading and tarot. The second meeting will be in an urban forest, where the methods practiced in the previous meeting will be applied in nature, and we will try to reach knowledge about ourselves and about the future through observing ants, clouds, birds and trees.



Pain Collectively Sung, Joys and Tears Together We Hum, 2023. Workshop by Eliana Otta & Xanthoula Dakovanou

A vocal music therapy workshop focused on the creation of contemporary vocal rituals, based on the ancient tradition of laments, as a way of addressing every-day loss related to the different crises that we traverse (sanitary, ecological, political).

We'll consider our different relationships to our voices, their relation to our contexts and their gendered aspects, as departure points to share questions and experiences. The core of the workshop is a weekend dedicated to explore experiences of loss to create our own lamentations, supported by the music therapist and the group. We will do voice exercises, collective readings and discussion, drawing, writing and a closing farewell ritual.





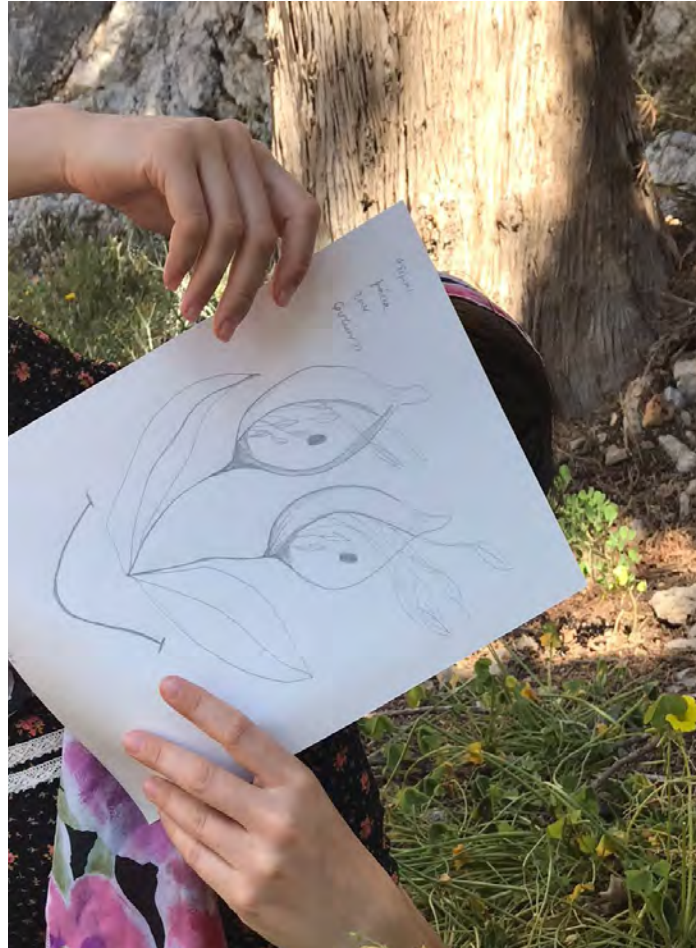


Exercises on Dwelling, 2022

Participatory experience at Pedion Tou Areos park, Hills & Fields Festival by EIGHT / TO OXTQ – Critical Institute for Arts and Politics

Invitation text: Mouries Collective invites you to participatory performances and ponderings on dwelling in the contemporary urban habitat. By bringing together words, temporary structures and movement research we will explore, through collective inhabitation inside the park, issues of comfort, safety, privacy, community, isolation, rest and routine.





12sqm: Filopappou's Hidden Flowers, 2022

Performative walk around the neighbourhood of Koukaki and Filopappou Hill and exhibition at Or.artspace.

Invitation text: What can the flowers of Filopappou tell us about the secrets of the area? What is hidden? What stories do the flowers hold? What are their experiences at present, what do they hope for our future? Can trying to understand the flowers expand our experience of Koukaki? How can humans and flowers communicate with each other? The Mouries Collective invites you to explore these questions, and more, in a three hour participatory, performative walk. We will begin by sharing stories of Koukaki and Filopappou, and reading short texts to focus and connect with the lives and experiences of flowers. Then we will transform Or Space's 12sqm spatial dimensions into a moving and embodied frame. Walking with attention and care, this temporary tool will amplify our ability to observe, listen, sense, register and speculate with and through the flora of the neighbourhood. The "bouquet" of materials gathered during the walk - drawings, notes and photographs - will be transferred back to Or Art Space where we will compose a collective mural to accompany the work of our fellow artists' pieces in the exhibition space.



Ritual for a Burned Forest
Video, 16:34'
2022

Video made with documentation material from our three days exploration of a burned forest near Edipsos, north Evia, where each of us proposed diverse exercises and rituals to accompany the forest in its regeneration process.

https://drive.google.com/file/d/12sBaWpYJwGPlkFD-DjT5OAsBo1SXN38WL/view?usp=drive_link





Sketching rituals for forests' regeneration
2022

A three days exploration of a burned forest in Evia, near Edipsos. Departing from the workshops made at One Minute Space, we made performatic exercises, guided meditations, and collective approaches to mourning in this deeply affected area.



The Care Council:

Weekly meeting to discuss, share and work with our bodies and senses around notions of care, by initiative of Mouries' member Isabel Gutierrez. A fragment from her descriptive text:

"The Care Council is an experimental project that seeks to develop care practices and relationships that embrace radical re-interpretations of kinship. At its core, it asks: How and what type of care practices can help us become kin in healthy, sustainable and liberatory ways? It will attempt to collectively weave broader questions around how capitalism shapes the ways we relate with one another and with more-than-human beings, with situated experiences and personal stories reflecting about how "permanent-crisis" as a contemporary condition of (socio-economic and ecological) breakdown, loss, dispossession and fear affects our capacities to trust, share, engage, care, wish and desire, which modes of care we practice and experience in our everyday lives and how those could be expanded or intensified."



Sketching rituals for forests' regeneration

2021

Performance, workshop, walk and discussion in the public space, as part of the public program of the exhibition *Lost and Shared*, curated by Mouries' member Eliana Otta.

Invitation text:

"A three hours workshop to imagine, discuss and put in practice ideas around the creation of rituals to accompany and support lost forests in their regeneration process. This encounter is inspired by the recent fires in Greece, and is an open invitation to those who, like us, felt the need to do "something" without knowing exactly what. Maybe we will find out together?"





Mouries under the Trees, 2021

A participatory experience at Pedion Tou Areos, Athens Garden Festival. Fragment of the collective text we wrote:

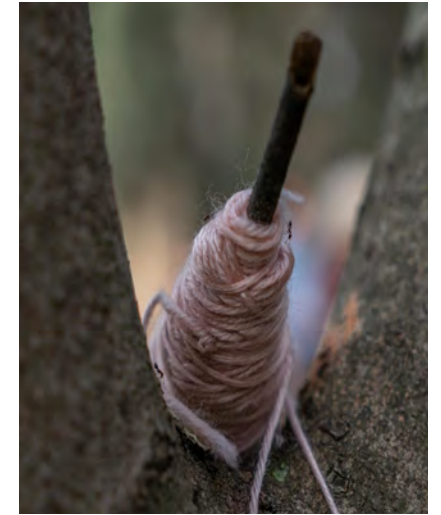
"The trees on Pedion Tou Areos,, as well as the sky that hangs above it and the rock beneath those trees, may have a lot of knowledge that we as humans wandering on those hills, may not know. How can we learn from them? What do we want to learn from them? Are we ready to hear what they have to tell us? How do we relate to them, how do they relate to us? What is their experience of the city? How would we develop the means to hear their stories? We believe that by asking the right questions, one can begin to hear the stories of the trees. And as with any conversation, by listening to others we listen to ourselves. We aim to bring to light the stories, conscious and unconscious, that we relate to the hill, the trees, the parks, the public green spaces of our city."





Pic-nic and collective reading, 2021

Weekly sessions of reading and discussion in public space of *Caliban and the Witch* by Silvia Federici, by initiative of Mouries' member Vasiliki Sifostatoudaki.



Meeting with the Trees

An invitation to listen together, read and recognise the knowledges, stories, memories and song shared between us and the trees, as part of the Lykabettus Festival 2021.

Fragment of the collective text we wrote:

“We want to create a liberating space for the coexistence of different approaches that aim to the expanding and understanding of storytelling. We aim to deepen our perception and explore the connection between intimacy and public space and the hill as a filter of the city. By learning to hear the trees, we can also learn to hear each other. We explore our relationship with nature - and with each other. We are separate and different, but we are equally present on Lycabettus as beings who share this common space. We all have stories to tell about it, as we all live it in our way.”





All the pictures were taken by Nuno Cassola.

